



# Acreditar

Associação de Pais e Amigos  
de Crianças com Cancro



# OUR HISTORY...

- Founded in 1994
- Resulting of a national mobilization by the parents and children that are users of the Pediatric Oncological Services.
- At the National Level: North (Porto), Center (Coimbra), South (Lisbon) and Madeira (Funchal)
- Founding member of **Childhood Cancer International**
- **15th of February:** International Day of the Child with Cancer
- **1996:** constituted as an “IPSS”, a Private Welfare Institution
- Covered by the “**Mecenato Social**” (**Social Patronage**) regime - Law 74/99 - donations in-kind and cash.

# MISSION AND GOAL

## Mission:

“Treat the children and youth with cancer, and not only the cancer within them”, promoting theirs and their families quality of life.

## Goal:

To be an institution of reference in the national framework, by guaranteeing the rights and promoting the quality of life in the pediatric oncological sector.

# VALUES

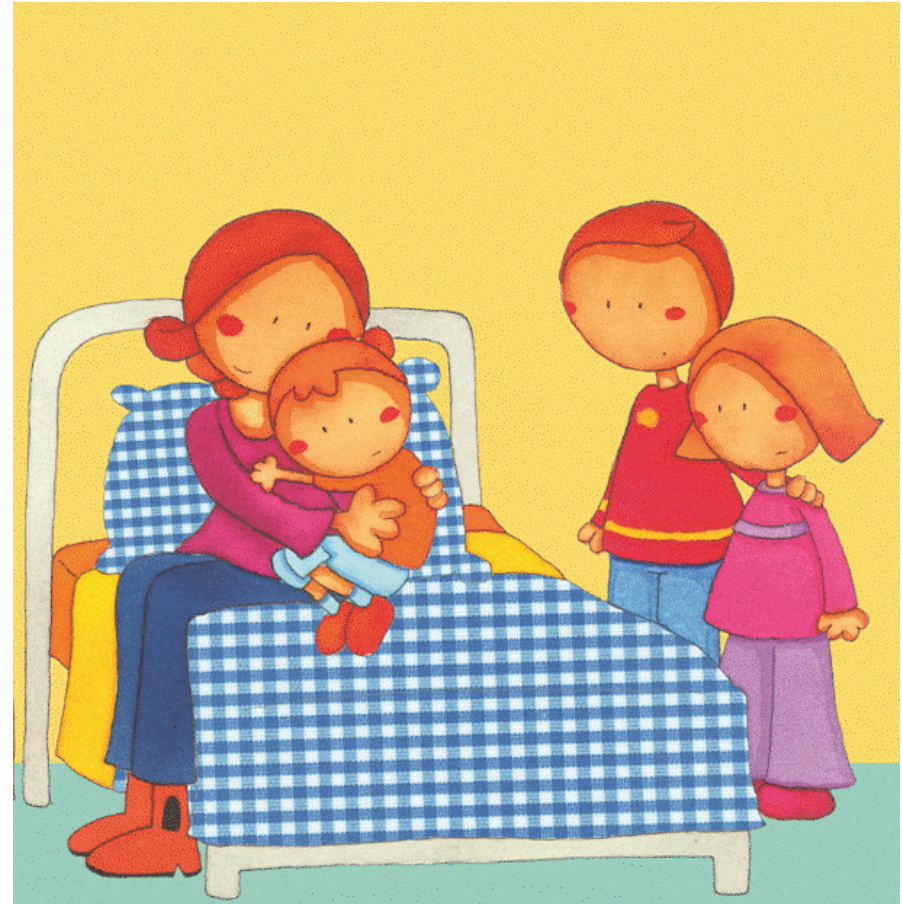
- **Solidarity** - To welcome and collaborate with everyone that needs our help.
- **Respect** - Respect the people we support and the ones collaborating with us, establishing an equal relation among all.
- **Privacy** - Respect the anonymity and intimacy of families, preserving their image and in particular the image of the children and youth with cancer (its use is limited to promoting projects and activities).
- **Cooperation** - Promoting the cooperation with other people and institutions.
- **Innovative Spirit** - Try to innovate our action by being open to suggestions of improvement.
- **Transparency** - Develop a clear, open and professional governance, that includes the staff.

# QUALITY POLICY

- It's Acreditar's policy to support the children and youth with cancer and families, in their needs, in **adequate timing** and with the **best quality**, continuously improving its services through the mastering of the processes and the inclusion of collaborators.
- For that, it assumes the commitment of ensuring the correct management of resources, allowing the balance between the development of the institution's activity, the well-being of everyone who is a part of it, and the atmosphere.

# MAIN STAGES IN THE DISEASE

- Diagnosis;
- Treatments;
- Secondary effects of treatments;
- End of treatments;
- Possibility of relapsing;
- Possibility of terminal phase.



# PEDIATRIC ONCOLOGY IN PORTUGAL

- Around 350 new cases/year in children between 0 and 16 years old.
- Most common tumors: Leukemia and tumor of the Central Nervous System (CNS)
- Cure rate  $\approx$  75%;
- In 1000 adults, one has lived the oncological decease in childhood.
- Known causes: genetic and biological
- Not a transmittable disease
- There is no particular risk groups
- “Democratic” disease
- Change in routines and projects of the child and its family.

# LIVING WITH THE DISEASE

It depends on:

- The type of cancer;
- Expectancy of survival;
- Degree of aggression of treatment;
- Previous experiences;
- Changes in body image;
- Personality traits of the child and parents;
- Social support network of the family, etc.



# HOSPITALIZATION

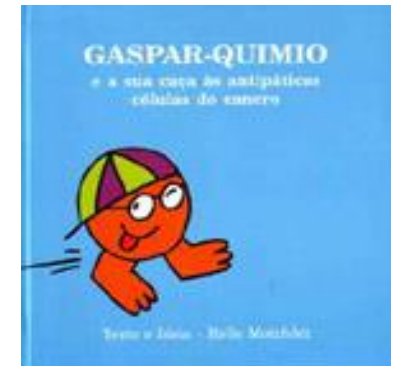
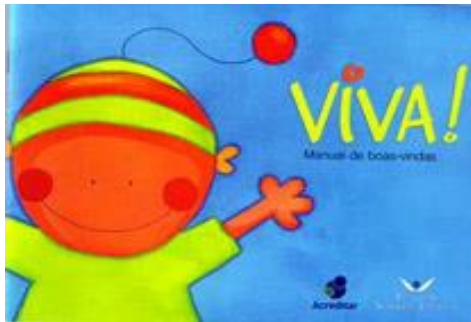
- Physical pain;
- Unknown and threatening atmosphere;
- Break with the routine;
- Loss of privacy;
- Removal from their house and loved ones;
- Absence from school;
- Secondary effects of treatment:
  - Change in body image
  - Anticipated symptoms
  - Feeling different from others

# SUPPORT TO FAMILIES IN 2014

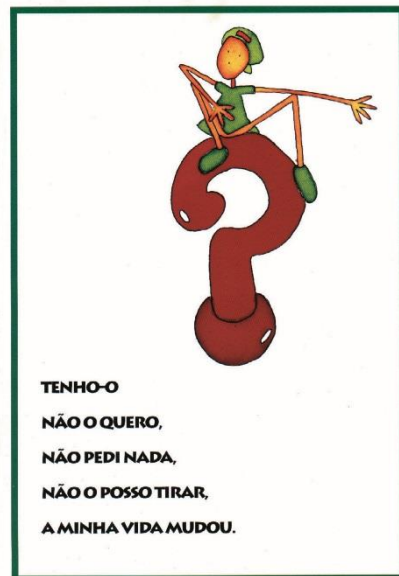
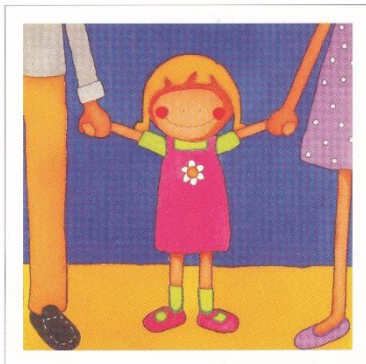
TYPES OF SUPPORT	NR OF FAMILIES
Emotional	384
Material (technical aid, clothes, hygiene products)	108
Economic Support (medication payment; home expenses, funerals, etc.)	41
Ludic Activities	830
School Support (supplies, scholarships, volunteers projects, protocols)	64
Food Support	56
<b>TOTAL</b>	<b>1483</b>

# PUBLISHINGS

Aimed at parents, children, siblings, teachers and the community.



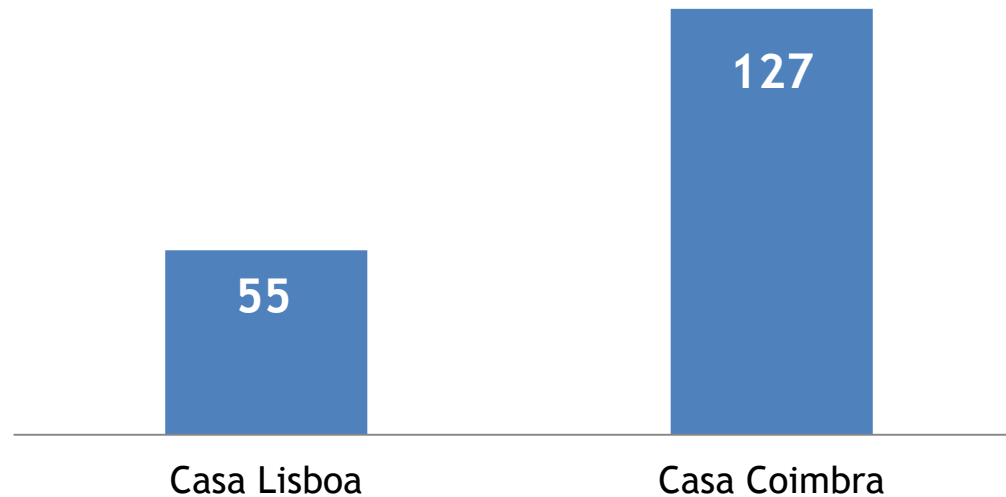
## Um Livro para os Pais



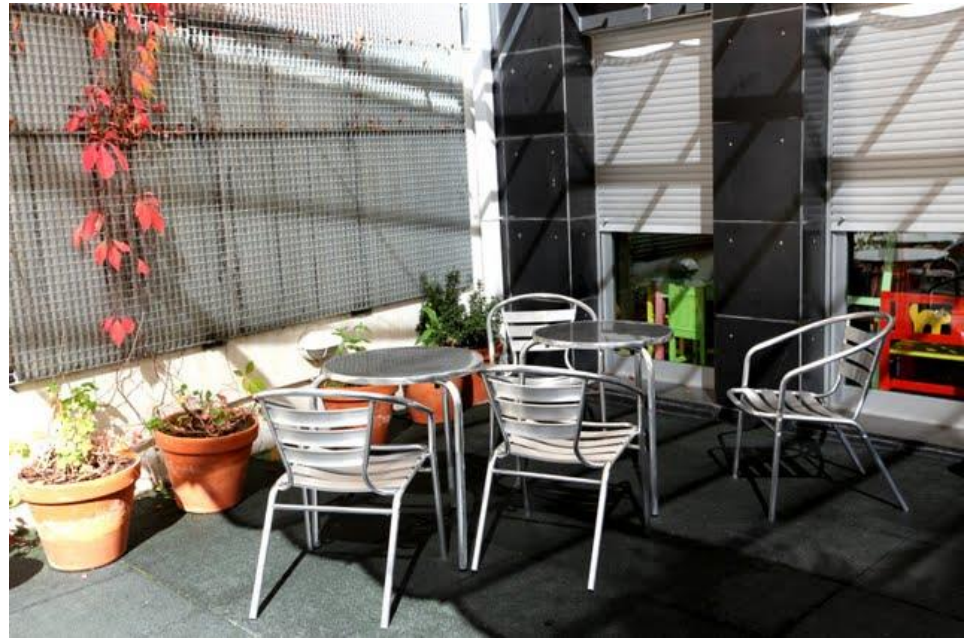
# ACREDITAR HOUSES

Free of charge logistical support to the families that accompany their children for treatment and lived far from the oncological hospitals.

NUMBER OF FAMILIES TAKEN IN IN 2014



# HOUSE OF LISBOA

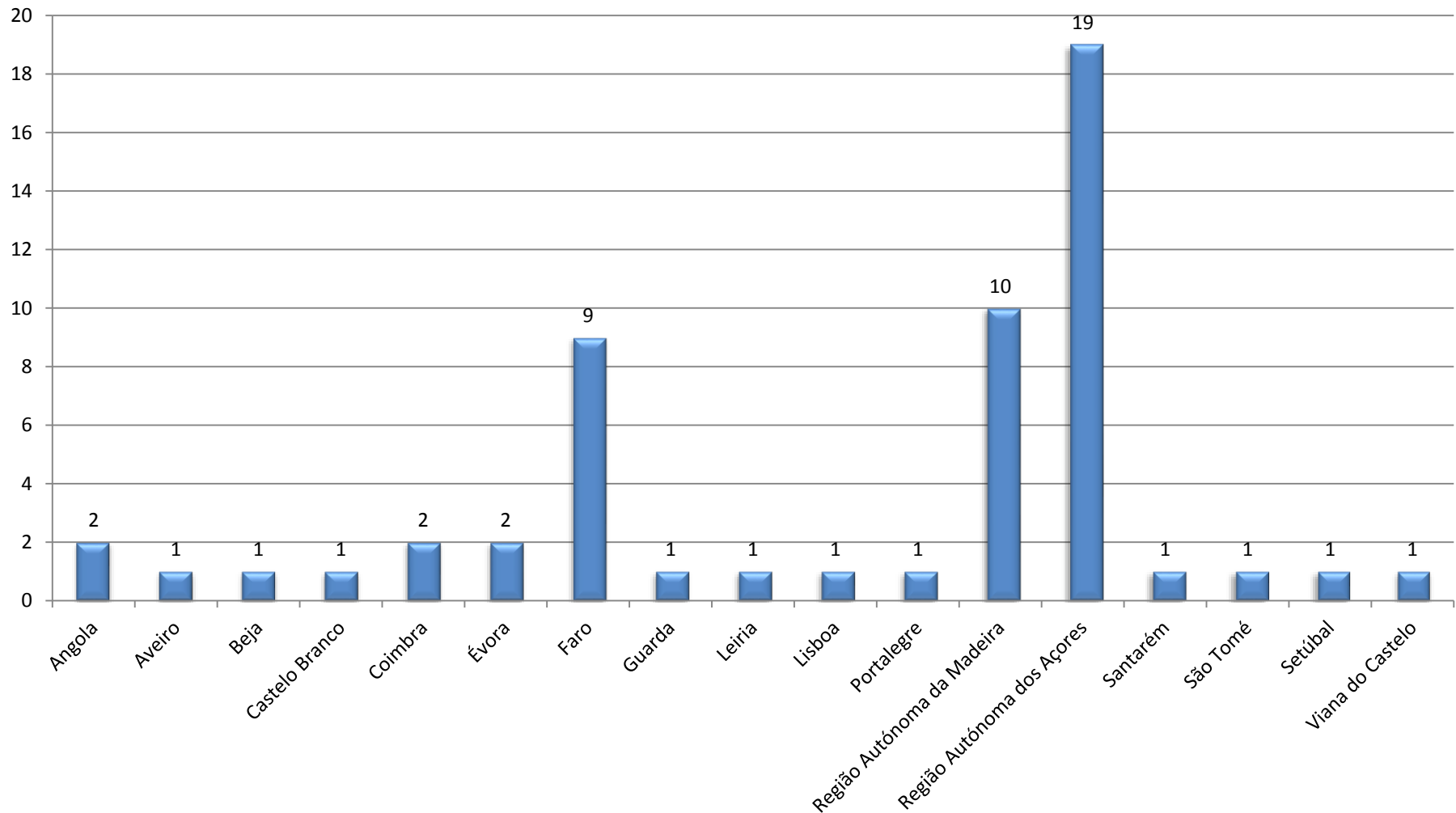


# HOUSE OF LISBOA



# HOUSE OF LISBOA

## FAMILIES BY REGION OF ORIGIN





# HOUSE OF COIMBRA



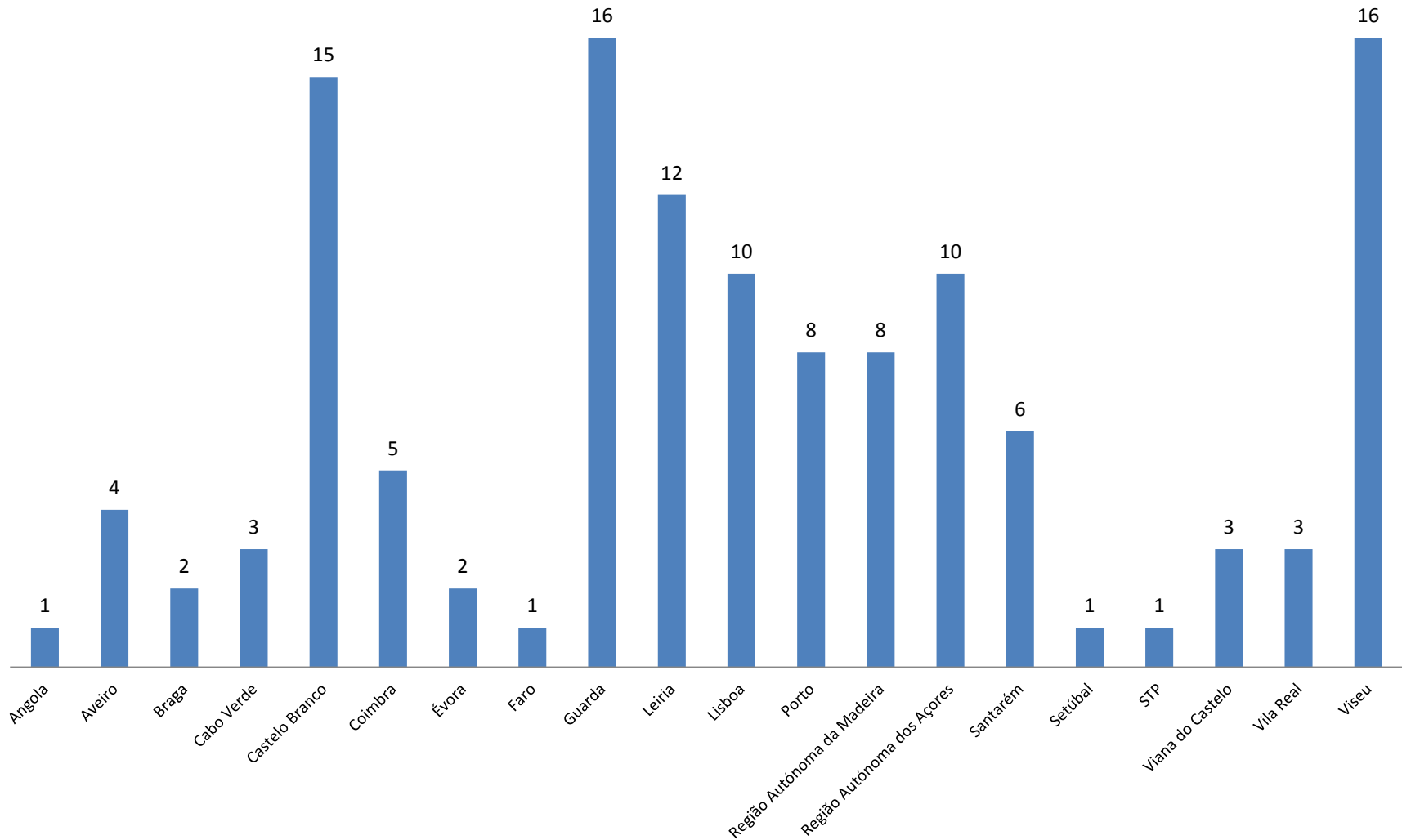


# HOUSE OF COIMBRA



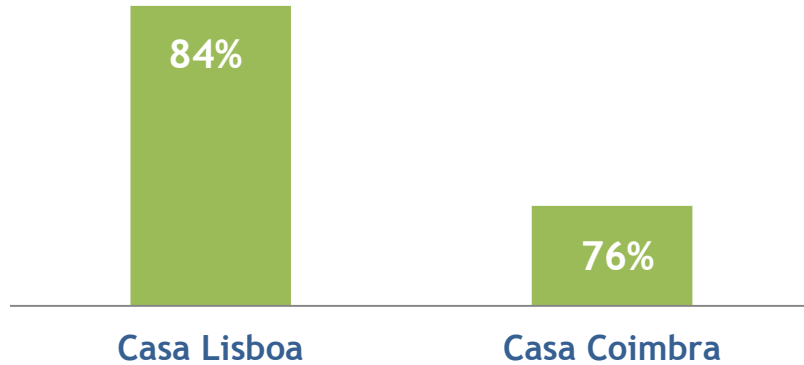
# HOUSE OF COIMBRA

## FAMILIES BY REGION OF ORIGIN

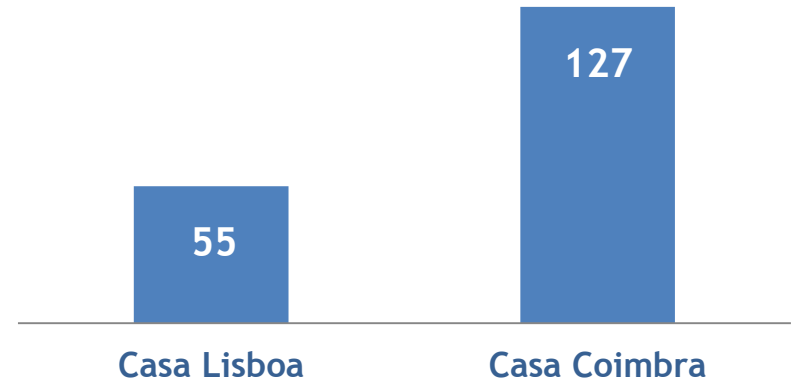


# HOUSES OF LISBOA AND COIMBRA

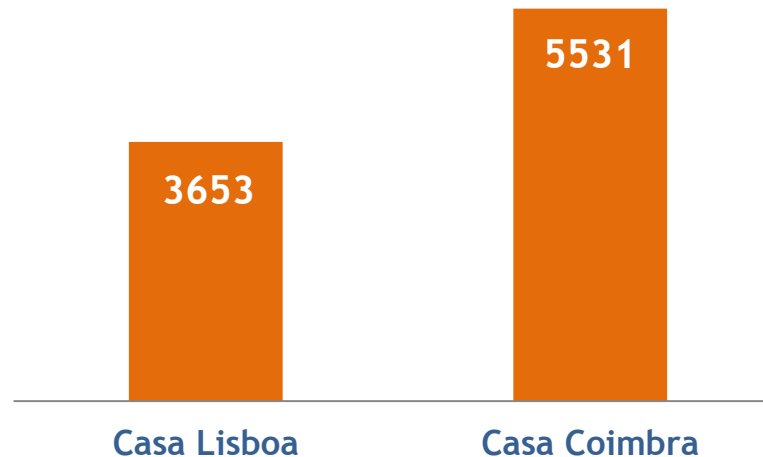
**OCCUPATION RATE**



**NUMBER OF FAMILIES**



**NUMBER OF NIGHTS**



# HOW TO SPONSOR THE HOUSES OF ACREDITAR

- A contribution of 9.000,00€ (House in Coimbra) or 12.000,00€ (House in Lisboa) will help to guarantee that families can use a room for one year free of charge.
- With your donation Acreditar will give that room the name of the donator.





# HOUSE OF PORTO - PROJECT



# HOUSE OF PORTO - PROJECT

- Located next to the Oncological Hospital in Porto;
- It will have capacity to welcome 16 families at once;
- Prediction to welcome 70 families a year;
- Global investment: € 1.500.000,00 (includes projects, inspection, construction and equipment);
- Predicted budget for operation: € 200.000,00/year;
- Predicted beginning of operations: end of 2016.

# THE “BARNABÉS”

Group of children and youth that live or lived the oncological disease in their childhood.

## PURPOSE:

- to share identical experiences;
- to reinforce autonomy;
- to encourage the civic participation.

## ACTIVITIES:

- Ludic;
- Voluntary work;
- Awareness campaigns;
- Capacity building.





# BARNABÉS (SURVIVORS)



# VOLUNTEER WORK

- Hospital
- Acreditar Houses
- Emotional Support - By parents and “Barnabés”
- “Arco-íris” (Rainbow) project - support at home
- “Aprender Mais” (Learn More) project - home school support
- “O Cabaz” (Hamper) project
- Support to administration and awareness



# VOLUNTEER WORK

CORES	INTERVENTION AREAS	NUMBER OF PEOPLE	TOTAL OF HOURS
NORTH	Hospital São João and IPO-Porto	311	11218
	Project “O Cabaz” - Hamper	1	256
	Project “Aprender Mais” - Learn More	12	1200
	Project “Arco-íris” - Rainbow	8	20
	Adm. support and awareness	50	425
CENTER	Hospital Pediátrico de Coimbra	65	6890
	Acreditar House Coimbra	64	6624
	Adm. support and awareness	70	1300
SOUTH	IPO-Lisboa	70	7210
	Acreditar House Lisbon	28	3360
	Emotional Support	8	768
	Project “Arco-íris” - Rainbow	8	87
	Adm. support and awareness	4	4512
MADEIRA	Central Hospital of Funchal	18	1760
	Admn. support and awareness	7	150
TOTAL		724*	45780
NOTE: The volunteer awareness support it's usually conducted by volunteers who also work in other intervention areas.			

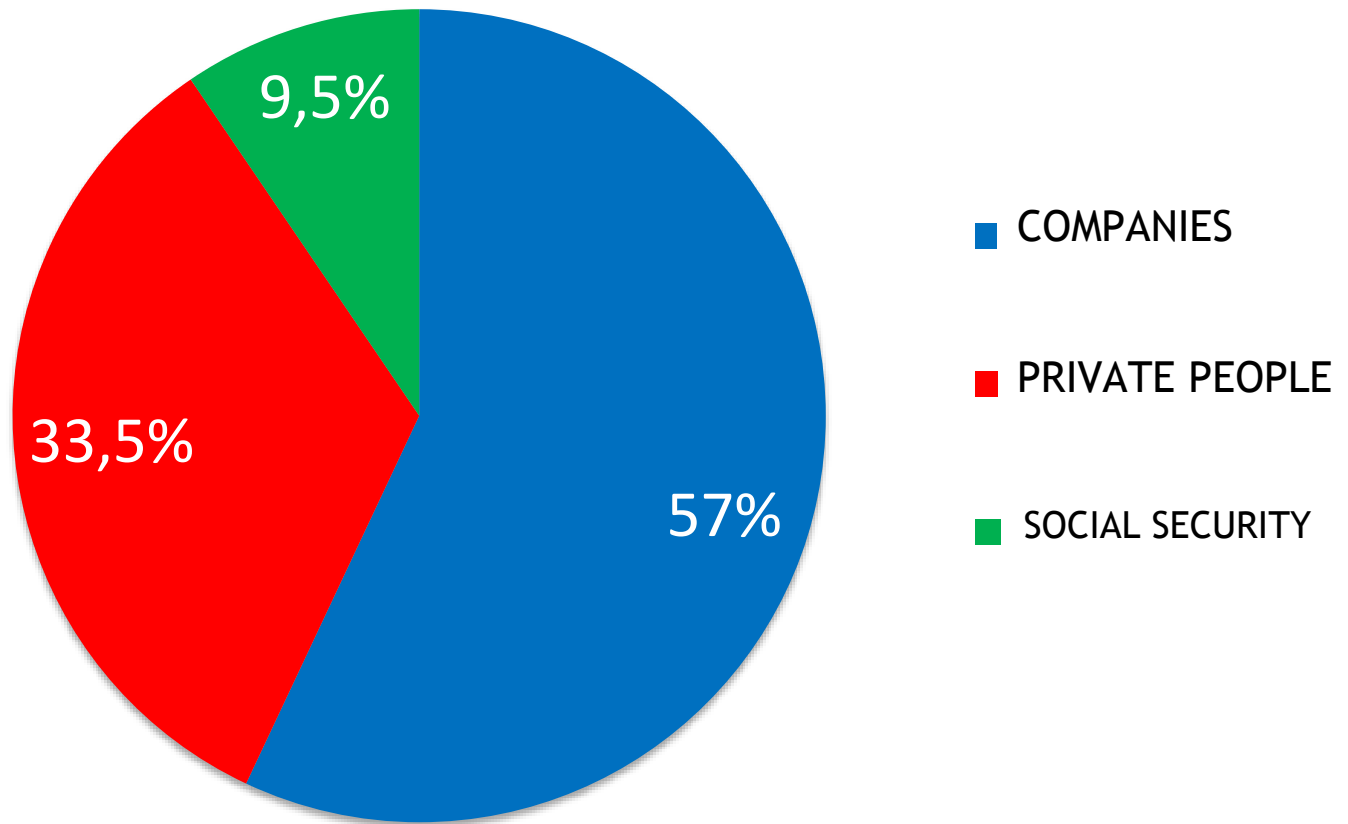
# ORGANIZATION

- **Institution with 4 regional cores:** Porto, Coimbra, Lisbon and Funchal.
- **Management Boards:**
  - Equal regional representativeness;
  - Elected every three years;
  - With representation of parents, patients and volunteers.
- **Professional management:** reported to the Direction.

# ACCOUNTING DATA

- **CAPITAL IN THE END OF 2014:** € 5.025.684,00
- **TOTAL BUDGET COSTS FOR 2015:** € 750.000,00
  - **COSTS WITH STAFF:** €350.000,00
  - **OTHER COSTS:** €400.000,00
- **RESULTS IN 2014:** € 242.600,22

# FINCANCING SOURCES



# WE PROPOSE TO...



HELP THE CHILDREN TO FACE THE DISEASE LOOKING TO GIVE THEM ENJOYABLE MOMENTS AND KEEP ALIVE THEIR INTEREST IN GROWING, LEARNING, DISCOVERING, HAVING FUN, DREAMING AND CONECTING WITH THOSE AROUND THEM.

# IN THE CHILDREN'S VOICES!

## WHAT I WISH TO SAY TO OTHERS

“I’m ok, my life didn’t change much and I am still a teenager...”

Olivier

## WHAT I WISH I HAD KNOWN

“I didn’t know that because I was sick others got sad” Ricardo

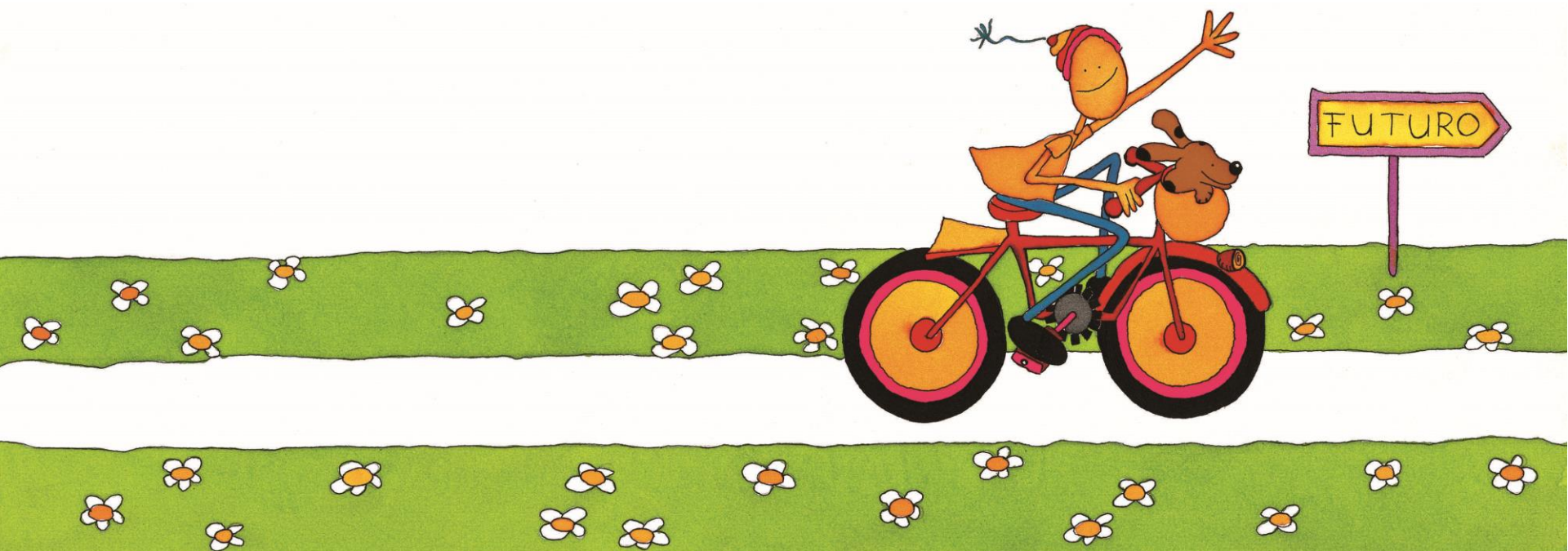
## WHAT CHANGED IN ME?

“I take things less seriously and I have more fun” Sofia

## A HAPPY DAY

“I am thankful in each passing day” Carolina





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